

Essential Oils For Soapmaking Chart

Essential Oil	Scent	Benefits	Note	Blends With	Usage/PPO	Vol. / Weight
Basil <i>(Ocimum basilicum)</i> (linalool CT)	Spicy, Strong	Stimulating	Top	Peppermint, Spearmint, Lavender	7 g (1.5% max)	1 tsp = 3.5 g
Bay Rum (West Indian) <i>(Pimenta racemosa)</i>	balsmanic	Popular in men's care products	Middle	vetiver, clove, cinnamon	4 g (0.9% max)	1 tsp = 2.8 g
Bergamot (FCF) <i>(Citrus bergamia)</i>	Citrus, Floral	Uplifts, Relaxing	Top	Rosemary, Lavender, Litsea	18 g (4%)	1 tsp = 3.2 g
Cedarwood <i>(Cedrus deodara)</i>	Woody, Masculine	Toning, Antiseptic	Base	Lavender Vetiver, Clove	18 g (4%)	1 tsp = 3.5 g
Cinnamon Leaf <i>(Cinnamomum zeylanicum)</i>	Spicy, Strong	Warming, Speeds Trace	Middle	Clove, Citrus, Patchouli	2.7 g (0.6% max)	1 tsp = 3.5 g
Clary Sage <i>(Salvia sclarea)</i>	Earthy, Floral	Calming, Balances Skin	Top	Litsea, Lavender, Cedarwood	13 g (3%)	1 tsp = 3.4 g
Clove Leaf <i>(Syzygium aromaticum)</i>	Spicy, Strong	Warming, Speeds Trace	Middle	Cinnamon, Vetiver, Citrus	2.7 g (0.6% max)	1 tsp = 3.6 g
Coffee <i>(Coffee arabica)</i>	Fresh Coffee	Aromatic, Energizing	Base	Peppermint, Clove, Cinnamon	13 g (3%)	1 tsp = 3 g
Cypress <i>(Cupressus sempervirens)</i>	Warm, Woody	Gentle, Toning	Base	Fir Needle, Cedarwood, Lavender	18 g (4%)	1 tsp = 3.2 g
Eucalyptus <i>(Eucalyptus globulus)</i>	Clean, Camphor	Antiseptic, Cooling	Top	Peppermint, Lavender, Rosemary	13 g (3%)	1 tsp = 3.1 g

PPO = Per Pound of Oil in your recipe. 1 pound = 16 oz = 454 g



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Fir Needle <i>(Abies sibirica)</i>	Woody, Fresh	Antiseptic, Uplifts	Middle	Cedarwood, Peppermint, Clove	13 g (3%)	1 tsp = 3.2 g
Geranium <i>(Pelargonium graveolens)</i>	Rosey, Floral	Uplifts, Balances Skin	Middle	Lavender, Clary Sage, Litsea	18 g (4%)	1 tsp = 3.6g
Grapefruit <i>(Citrus x paradisi)</i>	Citrus, Fresh	Uplifts Mood, Refreshing	Top	Litsea, Lemongrass, Orange	23 g (5%)	1 tsp = 3.2 g
Juniper Berry <i>(Juniperus communis)</i>	Warm, Woody	For Oily Skin	Middle	Orange, Cedarwood, Geranium	18 g (5%)	1 tsp = 3.5 g
Lavender <i>(Lavandula angustifolia)</i>	Floral, Herbal	Calming, Antiseptic	Top/Middle	Litsea, Cedarwood, Geranium	23 g (5%)	1 tsp = 3.5 g
Lemon, Folded (5x, 10x) <i>(Citrus limon)</i>	Citrus, Fresh	Scent Tends to Fade	Top	Orange, Rosemary, Lime	23 g (5%)	1 tsp = 3 g
Lemongrass <i>(Cymbopogon citratus)</i>	Lemony	Anchors Citrus	Middle	Grapefruit, Orange, Lime	18 g (4%)	1 tsp = 3.1 g
Lime <i>(Citrus aurantifolia)</i>	Citrus, Fruity	Toning, Joyful	Top	Lemon, Litsea, Lemongrass	23 g (5%)	1 tsp = 3.6 g
Litsea (May Chang) <i>(Litsea cubeba)</i>	Lemony	Anchors Citrus	Middle	Lavender, Orange, Grapefruit	18 g (4%)	1 tsp = 3 g
Orange, Folded (5x, 10x) <i>(Citrus x sinensis)</i>	Citrus, Fruity	Toning, Joyful	Top	Grapefruit, Litsea, Lemon	23 g (5%)	1 tsp = 3.6 g

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Palmarosa <i>(Cymbopogon martinii)</i>	Earthy, Rosy	Skin Benefits	Middle	Lavender, Litsea, Bergamont	13 g (3%)	1 tsp = 3.3 g
Patchouli <i>(Pogostemon cablin)</i>	Earthy, Exotic	Regenerate, Anchors Blends	Base	Cedarwood, Lavender, Orange	18 g (4%)	1 tsp = 3 g
Peppermint <i>(Mentha x piperita)</i>	Minty, Herbal	Cooling, Refreshing	Top	Lavender, Rosemary, Tea Tree	13 g (3%)	1 tsp = 3.3 g
Peru Balsam <i>(Myroxylon balsamum)</i>	Balsamic, Vanilla	Use Small Amounts	Base	Patchouli, Lavender, Orange	4 g (0.9%)	1 tsp = 2.9 g
Rosemary <i>(Rosmarinus officinalis)</i>	Herbal, Camphor	Toning, Hair Growth	Middle	Peppermint, Lavender, Bergamot	13 g (3%)	1 tsp = 3.4 g
Spearmint <i>(Mentha spicata)</i>	Minty, Sweet	Gently Cooling	Top	Peppermint, Rosemary, Lavender	13 g (3%)	1 tsp = 3 g
Spruce, Black <i>(Picea mariana)</i>	Warm, Woody	Refreshing, Uplifting	Top	Cedarwood, Fir, Peppermint	18 g (4%)	1 tsp = 3.2 g
Tea Tree <i>(Melaleuca alternifolia)</i>	Resinous, Antiseptic	Antifungal	Top/Middle	Lavender, Peppermint, Clary Sage	13 g (3%)	1 tsp = 3.2 g
Vetiver <i>(Vetiveria zizanoides)</i>	Earthy, Rich	Restful, Calming	Base	Lavender, Cedarwood, Clove	7 g (1.5%)	1 tsp = 2.9 g
Ylang Ylang <i>(Cananga odorata)</i>	Floral, Sensual	Tranquil, Skin Tonic	Base	Geranium, Lavender, Citrus	9 g (2%)	1 tsp = 3.2 g

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