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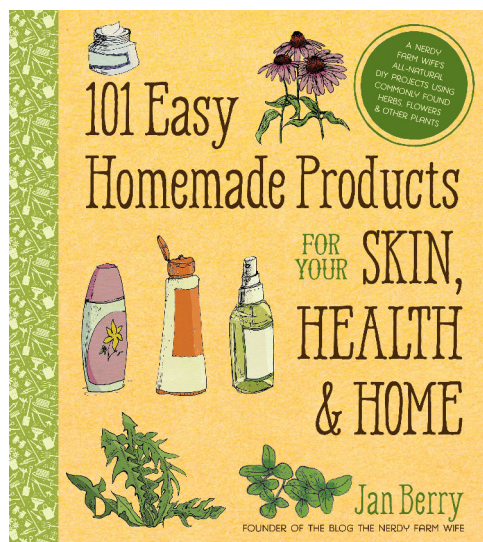
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****Go Green in Every Part of Your Life with These Easy,
All-Natural Herbal Products****



101 EASY HOMEMADE PRODUCTS FOR YOUR SKIN, HEALTH & HOME

By Jan Berry

Kick toxic, synthetic skin care products and cleaners out the door and bring the healing joy of nature into your life with the simple, versatile projects in **101 EASY HOMEMADE PRODUCTS FOR YOUR SKIN, HEALTH & HOME: A Nerdy Farm Wife's All-Natural DIY Projects Using Commonly Found Herbs, Flowers & Other Plants** (Page Street Publishing Co., March 29, 2016; \$22.99), by Jan Berry, founder of the popular blog, A Nerdy Farm Wife.

In this incredible resource, Jan Berry teaches you the basics of making your own skin care and hair care products, health remedies and household cleaners—then how to customize them into truly unique and personalized items! You'll learn how to make:

- Honey, Rose & Oat Face Cleanser
- Cool Mint Body Wash
- Basic Calendula Lotion
- Floral Salt Foot Scrub Bars
- Basil & Lime Lip Balm
- Lavender Oatmeal Soap
- Violet Flower Sore Throat Syrup
- Thyme Counter Cleaner
- Lavender Laundry Detergent
- And so much more!

All of the projects in **101 EASY HOMEMADE PRODUCTS FOR YOUR SKIN, HEALTH & HOME** are easy to make and use commonly found herbs, flowers, oils and other natural ingredients. No fancy equipment or previous experience required! If you don't have a certain ingredient on hand, Jan provides tips on how to substitute and what works best. Going green has never been easier or more affordable. With this book, you can use local, natural ingredients to make something beautiful, effective and good for you and your family.

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ABOUT THE AUTHOR

Jan Berry is the writer and photographer of the blog The Nerdy Farm Wife, where she shares creative ways to turn herbs, flowers and other garden plants into pretty things that are fun and practical. She writes regularly for HobbyFarms.com and Natural Herbal Living magazine. Her projects have been featured on Natural Living Mama, Empress of Dirt, Lovely Greens, BuzzFeed, Money Saving Mom, the Bulk Herb Store blog and more. She lives on a farm in the Blue Ridge Mountains of Virginia with her husband, two children and a menagerie of farm animals.

ABOUT THE BOOK

101 EASY HOMEMADE PRODUCTS FOR YOUR SKIN, HEALTH & HOME

A Nerdy Farm Wife's All-Natural DIY Projects Using Commonly Found Herbs, Flowers & Other Plants

By Jan Berry

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For more information or to schedule an interview with **Jan Berry**, please contact
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