

- **Almond Oil, Sweet** – use for dry, irritated skin; stable lather, use up to 15 to 20% in a recipe
- **Apricot Kernel Oil** – moisturizing, use up to 15%
- **Argan Oil** – good for skin problems, great for shampoo bars, use up to 10%
- **Avocado Oil** – excellent for dry & sensitive skin, makes a softer soap if too much used, use up to 15 to 20%
- **Castor Oil** - boosts lather, makes a softer bar, use up to 10% (higher amounts in shampoo bars)
- **Cocoa Butter** – makes a hard bar with creamy lather; use the refined version if you don't want the scent to carry to your final bar; use up to 15% (can use more, but may cause cracking)
- **Coconut Oil** – makes a hard bar with great lather, use up to 30%, higher than that can be drying, so be sure to superfat
- **Grapeseed Oil** – lightweight and helpful for acne soaps, has a shorter shelf life, use up to 10%
- **Hemp Oil** – moisturizing, silky lather, keep oil refrigerated, use up to 15%
- **Jojoba Oil** - conditions skin & hair, excellent for shampoo bars, helps extend life of soap, use up to 10%
- **Lard/Tallow** – makes a hard bar with low lather, can be used to replace palm oil in recipes, use up to 35%
- **Mango Butter** – moisturizing, use around 5 to 10%
- **Meadowfoam Oil** - increases shelf life of soap, conditions skin, creamy lather, use around 10%
- **Neem Oil** - skin healing, antiseptic, repels fleas and ticks so good for pet soaps, strong smell – use 5 to 10%
- **Olive Oil** – contributes to hardness of bar (starts out soft, but cures hard), limited bubbles, use any amount in a recipe, all the way up to 100% of the oils
- **Peach Kernel Oil** – excellent for skin, use up to 15%
- **Shea Butter** – moisturizes and nourishes skin, adds some hardness to soap, use up to 15%
- **Sunflower Oil** – silky lather, good for skin, slows down time to reach trace, too much makes a soft soap, use up to 15 to 20% in a recipe
- **Tamanu Oil** – excellent for various skin conditions, use up to 5% in a recipe